



(530) 820-3513  
 www.auburnfit1.com  
 680 Auburn Folsom Rd, Suite 109  
 Auburn, CA 95603



Club Hours:  
 24 Hours / 7 Days per Week

## Pilates Schedule November 2017

MON	TUE	WED	THU	FRI	SAT	SUN
		7:00 am Barre Begins in Dec.		7:00 am Barre Begins in Dec.		
		8:30 am Group Pilates		8:00 am Group Pilates	8:00 am Barre Pilates	
9:00 am Group Pilates	9:00 am Group Pilates		9:00 am Group Pilates	9:00 am Group Pilates	9:00 am Reformer Pilates	
10:00 am Group Pilates	10:00 am Group Pilates	10:00 am Group Pilates	10:00 am Group Pilates	10:00 am Group Pilates	10:00 am Reformer Pilates	
11:00 am Group Pilates		11:00 am Group Pilates	11:00 am Group Pilates	11:00 am Group Pilates		
12:00 noon Group Pilates			12:00 pm Group Pilates	12:30 pm Group Pilates		
	2:30 pm Group Pilates					
	3:45 pm Group Pilates	3:00 pm Group Pilates Bootcamp				
4:00 pm Group Pilates		4:00 pm Group Pilates				
5:00 pm Group Pilates		5:00 pm Group Pilates	5:30 pm Group Pilates			
6:00 pm Group Pilates		6:00 pm Group Pilates				

Thank you for signing up for your reformer class. We look forward to having you in class. Should you have a change in your schedule, kindly give 24-hour notice to prevent being charged for the class.