



(530) 820-3513
 www.auburnfit1.com
 670 Auburn Folsom Rd, Suite 107
 Auburn, CA 95603



Club Hours:
 24 Hours / 7 Days per Week

Pilates Schedule February 2018

| MON | TUE | WED | THU | FRI | SAT | SUN |
|----------------------------------|--------------------------------------------------|-------------------------------------------|--------------------------------------------------|----------------------------------|--------------------------------------------------|-----|
| | 7:00-8:00 am Group Reformer | | 7:00-8:00 am Group Reformer | | | |
| | 8:00-9:00 am Barre Pilates | 8:30-9:30 am Group Reformer | | 8:00-9:00 am Group Reformer | 8:00-9:00 am Barre Pilates | |
| 9:00-10:00 am Group Reformer | 9:00-10:00 am Group Reformer | | 9:00-10:00 am Group Reformer | 9:00-10:00 am Group Reformer | 9:00-10:00 am Group Reformer | |
| 10:00-11:00 am Group Reformer | 10:00-11:00 am Group Reformer | 10:00-11:00 am Group Reformer | 10:00-11:00 am Group Reformer | 10:00-11:00 am Group Reformer | 10:00-11:00 am Group Reformer Fundamentals | |
| 11:00 am-12:00 Group Reformer | 11:00 am-12:00 Group Reformer Fundamentals | 11:00 am-12:00 Group Reformer | 11:00 am-12:00 Group Reformer Fundamentals | 11:00 am-12:00 Group Reformer | | |
| 12:00-1:00 pm Group Reformer | | | | | | |
| | 2:30-3:30 pm Group Reformer | | | | | |
| | | 3:00-4:00 pm Group Pilates Bootcamp | | | | |
| 4:00-5:00 pm Group Reformer | | 4:00-5:00 pm Group Reformer | | | | |
| 5:00-6:00 pm Reformer Fusion | | 5:00-6:00 pm Group Reformer | | | | |
| 6:00-7:00 pm Group Reformer | | 6:00-7:00 pm Group Reformer | 6:00-7:00 pm Group Reformer | | | |

Thank you for signing up for your reformer class. We look forward to having you in class. Should you have a change in your schedule, kindly give 24-hour notice to prevent being charged for the class.