



(530) 820-3513
 www.auburnfit1.com
 670 Auburn Folsom Rd, Suite 107
 Auburn, CA 95603



Club Hours:
 24 Hours / 7 Days per Week

Pilates Schedule May 2018

| MON | TUE | WED | THU | FRI | SAT | SUN |
|-------------------------------|--|---------------------------------------|--|----------------------------|--|-----|
| | 7:00-7:55 am Reformer | | 7:00-7:55 am Reformer | | | |
| | | 8:30-9:25 am Reformer | 8:00-8:55 am Reformer | 8:00-8:55 am Reformer | 8:00-8:55 am Barre Pilates | |
| 9:00-9:55 am Reformer | 9:00-9:55 am Reformer | | 9:00-9:55 am Reformer | 9:00-9:55 am Reformer | 9:00-9:55 am Reformer | |
| 10:00-10:55 am Reformer | 10:00-10:55 am Reformer | 10:00-10:55 am Reformer | 10:00-10:55 am Reformer | 10:00-10:55 am Reformer | 10:00-10:55 am Reformer Fundamentals | |
| 11:00-11:55 am Reformer | 11:00-11:55 am Reformer Fundamentals | 11:00-11:55 am Reformer | 11:00-11:55 am Reformer Fundamentals | 11:00-11:55 am Reformer | | |
| 12:00-12:55 pm Reformer | | 12:00-12:55 pm Pilates Bootcamp | | | | |
| 4:00-4:55 pm Reformer | | 4:00-4:55 pm Reformer | | | | |
| 5:00-5:55 pm Athletic Flow | 5:30-6:25 pm Pilates Circuit | 5:00-5:55 pm Reformer | | | | |
| 6:00-6:55 pm Reformer | | 6:00-6:55 pm Reformer | 6:00-6:55 pm Reformer | | | |

Thank you for signing up for your reformer class. We look forward to having you in class. Should you have a change in your schedule, kindly give 24-hour notice to prevent being charged for the class.